

Feb 2019

CaterFirst - We deliver hot lunches direct to children's nurseries every day. All our meals are prepared fresh each morning using local ingredients and delivered at an agreed time. Our family run team prepare high quality, nutritional food, and all meals are prepared from a Nut Free Premises. All meals are served with vegetables unless pasta dishes where side is stated. ALL MEALS CAN BE PREPARED TO SUIT ANY ALLERGIES.

PLEASE TICK APPROPRIATE BOXES											CHILD'S NAME :	
Please note, Hot food is only available to children attending in the morning or all day												
W/c	Monday	Allergens ✓	Tuesday	Allergens ✓	Wednesday	Allergens ✓	Thursday	Allergens ✓	Friday	Allergens ✓	ROOM	✓
28-Jan									Sausage and Mash	G,D		
									Vegetable Sausage and Mash	S,D		
									Fruit			
									Or			
									Yoghurt	D		
04-Feb	Pork Lasagne	C,D,G,S	Roast Gammon, Herby Potatoes		Chicken Goujons with Wedges	G	Chilli Con Carne and Rice		Meatball Pasta with Garlic Bread	G		
	Vegetarian Lasagne	C,D,G,S	Vegetable Bake	C,D,G,S	Veggie Fingers with Wedges	G	Veggie Con Carne with Rice		Veggie ball Pasta with Garlic Bread	G		
	Fruit		Fruit		Fruit		Fruit		Fruit			
	Or Yoghurt	D	Or		Or Yoghurt	D	Or		Or Yoghurt	D		
	Chocolate Delight		Yoghurt	D	Jelly		Yoghurt	D	Or Brownie	D		
11-Feb	Cottage Pie with Baked Beans	D	Pasta Bolognese with Garlic Bread	G	Chicken Curry with Rice	Mu	Roast Pork, Roast Potatoes, Gravy	G,S	Fish Fingers with New Potatoes	F,G		
	Vegetarian Pie	C,G,D,S	Veggie Bolognese with Garlic Bread	G	Veggie Curry with Rice	Mu	Vegetable Bake	C,G,D,S	Vegetable Fingers with New Potatoes	G		
	Fruit		Fruit		Fruit		Fruit		Fruit			
	Or		Or Yoghurt	D	Or		Or Yoghurt	D	Or			
	Yoghurt	D	Rice Pudding and Jam	D	Yoghurt	D	Jelly and Fruit	D	Yoghurt	D		
18-Feb	Chicken Balls in Swedish Gravy, Mash Potato	C,D,S,G	Mac n Cheese With Garlic Bread	C,D,S,G	Corn Beef Hash		Chicken Ala King, Mash Potato	C,D,S,G	Sausage Casserole with New Potatoes	G,S		
	Veggie Balls in Veggie Swedish Gravy	C,D,S,G	Mac n Cheese With Garlic Bread	C,D,S,G	Vegetable Hash		Vegetable and Quorn Ala King	C,D,S,G,E	Vegetable Casserole with New Potatoes	G,S		
	Fruit		Fruit		Fruit		Fruit		Fruit			
	Or Yoghurt	D	Or		Or		Or		Or			
	Strawberry Delight	D	yoghurt	D	Bread and Butter Pudding with Custard	D,G,E	Yoghurt	D	Yoghurt	D		
25-Feb	Pork Meatballs with pasta and seasonal veg	G	Mild Chicken Curry with rice and salad sticks		Roast Gammon with roast potatoes, veg and gravy	G, E, M	Beef Lasagne with salad	C, G, E, D, Mu				
	Quorn with pasta and seasonal veg	G, E	Mild Vegetarian Curry with rice and salad sticks		Vegetarian Sausages with roast potatoes. Veg and gravy	G, E, D, S	Vegetable Lasagne with salad	C, G, E, D, Mu				
	Fruit		Fruit		Fruit		Fruit					
	Yoghurt		Yoghurt		Yoghurt		Yoghurt					
	Mousse of the Day	D	Marble Sponge with custard	G, E, D, S	Cornflake Cake with raisins	G	Jelly of the Day with fruit	G, Sd				

ROOM	✓
Batwings	
Centipedes	
Conchitas	
Fireflies	
Hornets	
Komodo	
Little Hoots	
Natterjacks	
Rang A Tang	
Wide Eye	
Wily	

HALF TERM

SPECIAL DEAL! Meals this week charged at £2.70

Signed Date

My child is allergic to

Abacus	
No. of Meals	
Month	

Hot food costs will be added to your invoice in February. £2.95 each

An allergen matrix is available at www.caterfirst.co.uk

Please turn over for more information and allergen key table. Please also remember to select the correct room .